M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	CHOICE OF CEREAL FRIED EGG BACON STRIPS TOAST, WHOLE WHEAT BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL THICK FRENCH TOAST SYRUP SAUSAGE LINK APPLESAUCE FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL CHEESE OMELET WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL PANCAKE STACK/SYRUP BACON FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL SCRAMBLED EGGS WARM BRAN MUFFIN FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL BANANA BREAD HARD COOKED EGG SEASONAL FRUIT CUP FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL FRIED EGG ROASTED HAM SLICE WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK
N O O N	HEARTY BEEF STEW HERB BISCUIT BUTTER FRESH LETTUCE SALAD SALAD DSG OF CHOICE WARM APPLE COMPOTE CHOICE OF COFFEE, SKIM MILK	HAM STEAK AU GRATIN POTATOES GREEN SWEET PEAS WHOLE WHEAT BREAD/BUTTER PUMPKIN BAR/FROSTING CHOICE OF COFFEE, SKIM MILK	MEATLOAF MASHED POTATOES BEEF GRAVY ROASTED VEGETABLES WHOLE WHEAT BREAD/BUTTER FRESH FRUIT CREAMY FRUIT DIP CHOICE OF COFFEE, SKIM MILK	GRILLED PORK CUTLET RANCH POTATO CASSEROLE SEASONED BABY CARROTS GLAZED CRNBRY ORANGE LOAF BUTTER CHOICE OF COFFEE, SKIM MILK	BAKED FISH FILET TANGY DILL TARTAR SAUCE CRISPY OVEN FRIES KETCHUP COLESLAW LEMON BAR CHOICE OF COFFEE, SKIM MILK	TOSS SALAD/DRESSING ITALIAN MEATBALLS FETTUCINE ALFREDO FRESH BAKED BREADSTICK ICE CREAM CHOICE OF COFFEE, SKIM MILK GARLIC CROUTONS	SEASONED CHICKEN MASHED POTATOES GREEN BEAN CASSEROLE APPLE PIE WHOLE WHEAT BREAD/BUTTER CARMEL DRIZZLE CHOICE OF COFFEE, SKIM MILK CHICKEN GRAVY WHIPPED TOPPING
E V E	DELI CLUB SANDWICH MARINATED VEG & PASTA SALAD FRESH ORANGE SLICES (4) COOKIE CHOICE OF COFFEE, SKIM MILK	HOMEMADE CHICKEN NOODLE SOUP HARVEST TURKEY MELT SANDWICH CRACKERS CHOCOLATE MOUSSE W/ FRUIT GARNISH CHOICE OF COFFEE, SKIM MILK	BBQ CHICKEN BAKED POTATO SALAD CREAM STYLE CORN ICED GRANOLA FRUIT BAR CHOICE OF COFFEE, SKIM MILK	COUNTRY HAM & BEAN SOUP CRACKERS SHAVED RST BEEF SAND SLICED PEACHES AND CREAM CHOICE OF COFFEE, SKIM MILK	CHICKEN CORDON BLEU CASSEROLE STEAMED VEGETABLES RASPBERRY GELATIN SQUARE CHOICE OF COFFEE, SKIM MILK	BLT SANDWICH TOMATO BASIL SOUP CRACKERS FRESH BAKED COOKIE CHOICE OF COFFEE, SKIM MILK	CHEESEBURGER ON BUN POT WEDGES FROZEN YOGURT CHOICE OF COFFEE, SKIM MILK PICKLE COINS

Week 2

M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B	FRUIT JUICE	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL	FRUIT JUICE	CHOICE OF CEREAL	CHOICE OF CEREAL
R	CHOICE OF CEREAL	WAFFLE STIX	FRIED EGG	BLUEBERRY PANCAKES	CHOICE OF CEREAL	POTATO PANCAKES	FRIED EGG
E	BREAKFAST EGG BAKE	SYRUP	WHOLE WHEAT TOAST	BLUEBERRY SAUCE	SCRAMBLED EGG W/ HAM	BUTTER	SAUSAGE PATTIE
A	WHOLE WHEAT TOAST	BUTTER	BUTTER	WHIPPED TOPPING	WHOLE WHEAT TOAST	SYRUP	WHOLE WHEAT TOAST
K	CHOICE OF COFFEE,	SAUSAGE LINK	FRUIT JUICE	BACON	CHOICE OF COFFEE,	SAUSAGE LINK	BUTTER
F	SKIM MILK	FRUIT JUICE	CHOICE OF COFFEE,	FRUIT JUICE	SKIM MILK	APPLESAUCE	FRUIT JUICE
A	BUTTER	CHOICE OF COFFEE,	SKIM MILK	CHOICE OF COFFEE,	BUTTER/JELLY	FRUIT JUICE	CHOICE OF COFFEE,
S		SKIM MILK		SKIM MILK		CHOICE OF COFFEE,	SKIM MILK
Т						SKIM MILK	
N	BBQ RIBETTE	CHOPPED BEEF STEAK	FRESH LETTUCE SALAD	BEEF STROGANOFF	HERB BAKED FISH	LEMON BUTTER CHICKEN	ROAST BEEF
0	CHEESY POTATO BAKE	MUSHROOM GRAVY	BEEF RAVIOLI/SAUCE	OVER NOODLES	OVEN ROASTED POTATOES	VEGETABLE RICE PILAF	GRAVY
0	SEASONED CORN	MASHED POTATOES	GARLIC BREAD	SEASONED CARROTS	STEAMED BROCCOLI	WHOLE WHEAT	PARSLEY POTATOES
N	WHOLE WHEAT	ROASTED VEGETABLES	ICE CREAM	WHOLE WHEAT	ROLL/BUTTER	BREAD/BUTTER	BU DICED BEETS
	BREAD/BUTTER	BUTTERED WHEAT	CHOICE OF COFFEE,	BREAD/BUTTER	ORANGE SPONGE CAKE/ VAN	PEACH CRISP	CREAMY FRUIT PIE
	TOFFEE BARS	BREAD	SKIM MILK	PUMPKIN FLUFF	SAUCE	CHOICE OF COFFEE,	CHOICE OF COFFEE,
	CHOICE OF COFFEE, SKIM MILK	FROSTED CARROT CUPCAKES	SALAD DSG OF CHOICE	CHOICE OF COFFEE, SKIM MILK	CHOICE OF COFFEE, SKIM MILK	SKIM MILK	SKIM MILK
		CHOICE OF COFFEE,					
		SKIM MILK					
E	SMOKED BEEF BRISKET	HOT DOG ON BUN	OPEN FACE TURKEY	LOADED POTATO SOUP	VEGETABLE SOUP	PENNE & MEATBALLS	BREADED FISH
V	SANDWICH	BAKED BEANS	SANDWICH	CRACKERS	CRACKERS	PARMESAN CHEESE	SANDWICH
E	GREEN & GOLD BEANS	RANCH PASTA SALAD	GRAVY	HOT HAM/CH SAND (half)	CHICKEN SALAD SANDWICH	GARLIC TOAST	TARTAR SAUCE
	TROPICAL FRUIT BLEND	FROSTED FUDGE	MASHED POTATOES	FRUIT SALAD	FRESH MARINATED APPLE	ASPARAGUS	ASST. CHEESE & CRACKERS
	CHOICE OF COFFEE,	BROWNIE	PEAS	FRESH BAKED COOKIE	SLICES	PUDDING PARFAIT	FRUIT PLATE
	SKIM MILK	CHOICE OF COFFEE,	MANDARIN ORANGE GELATIN	CHOICE OF COFFEE,	CHOICE OF COFFEE,	CHOICE OF COFFEE,	CHOICE OF COFFEE,
		SKIM MILK	CHOICE OF COFFEE,	SKIM MILK	SKIM MILK	SKIM MILK	SKIM MILK
			SKIM MILK				SKIW WILK

Week 3

M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
В	CHOICE OF CEREAL	FRUIT JUICE	CHOICE OF CEREAL	FRUIT JUICE	CHOICE OF CEREAL	CHOICE OF CEREAL	CHOICE OF CEREAL
R	CINNAMON FRENCH TOAST	CHOICE OF CEREAL	VEGETABLE CHEESE	CHOICE OF CEREAL	FLUFFY WAFFLES	SCRAMBLED EGGS	BUTTERMILK BISCUIT
E	SYRUP	EGG & SAUSAGE BREAKFAST	OMELET	EGG PATTY ON A	BUTTER	BUTTERED TOAST/JELLY	COUNTRY SAUSAGE
A	BUTTER	BAKE	SMOKED BACON	FRESH BANANA	SYRUP	HOMESTYLE CINNAMON	GRAVY
K	YOGURT, FRUITED	RAISIN TOAST	WHEAT TOAST	ENGLISH MUFFIN	SAUSAGE LINK	ROLL	FRUIT CUP
F	FRUIT JUICE	CHOICE OF COFFEE,	BUTTER	CHOICE OF COFFEE,	FRUIT	FRUIT JUICE	FRUIT JUICE
Α	CHOICE OF COFFEE,	SKIM MILK	FRUIT JUICE	SKIM MILK	FRUIT JUICE	CHOICE OF COFFEE,	CHOICE OF COFFEE,
S	SKIM MILK	BUTTER	CHOICE OF COFFEE,		CHOICE OF COFFEE,	SKIM MILK	SKIM MILK
Т			SKIM MILK		SKIM MILK		
N	TOMATO/CUCMBR SALAD	BAKED CHICKEN	COUNTRY FRIED STEAK	LASAGNA	HOME-STYLE MACARONI &	HEARTY CHILI	ROAST TURKEY
0	BONELESS PORK	SEAS EGG NOODLES	MASHED POTATOES	GARLIC BREAD	CHEESE	SHREDDED CHEESE/DICED	CORNBREAD DRESSING
0	SPARERIBS	CHICKEN GRAVY	MILK GRAVY	TOSS	CRISPY FISH STICKS	ONION	TURKEY GRAVY
N	FRIED POTATOES	DICED CARROTS	BU WINTER MIX	SALAD/DRESSING	TARTAR SAUCE	CRACKERS	CARROTS AND CELERY
	BUTTERED WHEAT BREAD	JELLO CAKE	VEGETABLES	GRASSHOPPPER PIE	ROASTED GREEN BEANS	FRESH BAKED CORNBREAD	CRANBERRY SAUCE
	PINEAPPLE DESSERT	CHOICE OF COFFEE,	BUTTERED WHEAT BREAD	CHOICE OF COFFEE,	CARAMELIZED PEAR SLICES	BUTTER	PUMPKIN PIE/TOPPING
	CHOICE OF COFFEE,	SKIM MILK	CANDY APPLE SALAD	SKIM MILK	CHOICE OF COFFEE,	ICE CREAM CUP	CHOICE OF COFFEE,
	SKIM MILK		CHOICE OF COFFEE,		SKIM MILK	CHOICE OF COFFEE,	SKIM MILK
			SKIM MILK			SKIM MILK	
E	CREAMY CHICKEN STEW	CALIFORNIA BURGER/BUN	SPINACH SALAD	VEGETABLE BEEF	HOT HAM & CHEESE	GARLIC BROWN SUGAR	PIZZA CASSEROLE
V	CRACKERS	PICKLE SPEAR	HOT & FLAKY CHICKEN	SOUP	SANDWICH	CHICKEN	BUTTERED PEAS
E	WARM CHEESEY HERB	CREAMY POTATO SALAD	POT PIE	EGG SALAD	BLENDED VEGETABLES	MASHED POTATO BAKE	LIME MARSHMALLOW
	BISCUIT	STRAWBERRY GELATIN	BU ITALIAN BREAD	SANDWICH	FRUIT	GREEN BEANS	FLUFF
	SEASONAL FRUIT	W/ STRAWBERRIES	SHERBET	CRACKERS	PISTACHIO PUDDING	MANDARIN ORANGES	CHOICE OF COFFEE,
	CHOICE OF COFFEE,	CHOICE OF COFFEE,	CHOICE OF COFFEE,	BLUEBERRY CRUNCH	CHOICE OF COFFEE,	CHOICE OF COFFEE,	SKIM MILK
	SKIM MILK	SKIM MILK	SKIM MILK	CHOICE OF COFFEE,	SKIM MILK	SKIM MILK	
				SKIM MILK			

Week 4

M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	FRUIT JUICE CHOICE OF CEREAL FRIED EGG HASHBROWN PATTY FRESH FRUIT GARNISH CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL FLUFFY PANCAKES/SYRUP BUTTER SAUSAGE LINK FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL SCRAMBLED EGGS WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL FRIED EGG BACON BUTTERED WHEAT TOAST FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL TURKEY SAUS/EGG/CHEESE STRATA WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL POACHED EGG WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL COUNTRY SKILLET BREAKFAST WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK
N O N	SALISBURY STEAK BEEF GRAVY BAKED POTATO/BUTTER CORN BUTTERED WHEAT BREAD ANGEL FOOD CAKE BERRY SAUCE CHOICE OF COFFEE, SKIM MILK SOUR CREAM WHIPPED TOPPING	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY VEGETABLES AU GRATIN WHOLE WHEAT BREAD SOFT OATMEAL COOKIE MAPLE FROSTING CHOICE OF COFFEE, SKIM MILK	CREAMY WILD RICE/MUSHROOM SOUP SMKD HAM STACKR/MINI CROISSANT MARINATED VEGETABLES DRIZZLED CHOC CHEESECAKE CHOICE OF COFFEE, SKIM MILK	SPAGHETTI/MEATSAUCE GARLIC TOAST SEVEN LAYER SALAD PEANUT BUTTER BAR CHOICE OF COFFEE, SKIM MILK	BAKED FISH LEMON BUTTER TWICE BAKED MASHED POTATO PEAS & CARROTS HERB CHEESE BISCUIT WARM FRUIT CRISP CHOICE OF COFFEE, SKIM MILK	MARINATED BEEF TIPS OVER NOODLES GLAZED CARROTS WHEAT BREAD PUMPKIN CHOCOLATE CHIP SQUARES CHOICE OF COFFEE, SKIM MILK	ROAST PORK LOIN PORK GRAVY GOLDEN SQUASH BAKE SEASONED CAULIFLOWER DINNER ROLL/BUTTER ICED CHERRY PIE SQUARE CHOICE OF COFFEE, SKIM MILK
E V E	CREAM OF BROCCOLI SOUP DELI SANDWICH MANDARIN ORANGES CRACKERS CHOICE OF COFFEE, SKIM MILK	HICKORY BBQ BURGER ON BUN ROTINI SALAD FRESH FRUIT PLATE CHOICE OF COFFEE, SKIM MILK	CHICKEN NUGGETS DIPPING SAUCE BAKED STEAK FRIES COLESLAW GELATIN PARFAIT CHOICE OF COFFEE, SKIM MILK	SCALLOPED POTATOES & HAM BU GREEN BEANS WHEAT BREAD/BUTTER CINNAMON BAKED APPLES CHOICE OF COFFEE, SKIM MILK	HEARTY CHEESE SOUP CRACKERS BBQ PORK / BUN PINEAPPLE CHOICE OF COFFEE, SKIM MILK	ITALIAN BEEF SANDWICH AU JUS CUP BAKED ONION RINGS BANANA SPLIT DESSERT CHOICE OF COFFEE, SKIM MILK	PARMESAN CRUSTED CHICKEN CHEESY BOWTIE PASTA BAKE WHEAT BREAD/BUTTER VANILLA PUDDING W/ PEACH PUREE CHOICE OF COFFEE, SKIM MILK

M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	CHOICE OF CEREAL FRENCH TOAST SYRUP BUTTER SAUSAGE LINK FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL BAKED VEGETABLE OMELET CINNAMON STREUSEL COFFEE CAKE FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL SCRAMBLED EGG DONUT FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL BREAKFAST QUICHE WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL FRIED EGG WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL BISCUIT WITH COUNTRY SAUSAGE GRAVY FRESH BANANA FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL SCRAMBLED EGGS FRIED POTATOES BACON STRIPS BUTTERED TOAST FRUIT JUICE CHOICE OF COFFEE, SKIM MILK
N O O N	SWISS STEAK BKD PARMESAN COTTAGE POTATOES BUTTERED WAX BEANS FROSTED SPICE CAKE CHOICE OF COFFEE, SKIM MILK	SLICED HAM SWEET POTATOES SEASONED PEAS HOT FUDGE BROWNIE CHOICE OF COFFEE, SKIM MILK	CHICKEN/VEG STIR FRY FLUFFY RICE VEGETABLE EGG ROLL TAPIOCA PUDDING FORTUNE COOKIE CHOICE OF COFFEE, SKIM MILK	BEEF POT ROAST & GRAVY OVEN ROASTED VEGETABLES (POTATOES, CARROTS, CELERY, ONIONS) DINNER ROLL/BUTTER BREAD PUDDING/SAUCE CHOICE OF COFFEE, SKIM MILK	BAKED 3-CHEESE ZITI PASTA GARLIC TOAST SPINACH SALAD SALAD DSG OF CHOICE CREAMY FRUIT TORTE CHOICE OF COFFEE, SKIM MILK	TURKEY BREAST SLICES WITH ONION GRAVY BOILED POTATOES/BUTTER SEASONED GREEN BEANS BUTTERED WHEAT BREAD CRUSTLESS CRANBERRY PIE WHIPPED TOPPING CHOICE OF COFFEE, SKIM MILK	PORK CHOP PORK GRAVY BREAD DRESSING SAUTEED MUSHROOMS WHEAT BREAD/BUTTER PUMPKIN CREAM CHEESE BAR CHOICE OF COFFEE, SKIM MILK
E V E	VEGETABLE CHOWDER CRACKERS PHILLY CHEESESTEAK SANDWICH STRAWBERRY SUNDAE CHOICE OF COFFEE, SKIM MILK	SLOPPY JOE SANDWICH PICKLE COINS MACARONI SALAD CINNAMON APPLESAUCE CHOICE OF COFFEE, SKIM MILK	HOMEMADE TURKEY DUMPLING SOUP CRACKERS GRILLED TURKEY & SWISS SAND AMBROSIA FRUIT SALAD CHOICE OF COFFEE, SKIM MILK	TUNA NOODLE CASSEROLE STEAMED VEGETABLES WHEAT BREAD/BUTTER HOT APPLE CIDER SOFT MOLASSES COOKIES CHOICE OF COFFEE, SKIM MILK	BRD CHICKEN PATTY/BUN MAYONNAISE LETTUCE LEAF TATER TOTS EMERALD SLICED PEARS CHOICE OF COFFEE, SKIM MILK	SPLIT PEA SOUP CRACKER BASKET HAM SALAD SANDWICH ICE CREAM CHOICE OF COFFEE, SKIM MILK	BRATWURST / BUN COWBOY BEAN BAKE CHERRY PINEAPPLE SALAD CHOICE OF COFFEE, SKIM MILK