Week 1

Menu

M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
B R E A K F A S	CHOICE OF CEREAL FRIED EGG BACON STRIPS TOAST, WHOLE WHEAT BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL THICK FRENCH TOAST SYRUP SAUSAGE LINK APPLESAUCE FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL CHEESE OMELET WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL PANCAKE STACK/SYRUP BACON FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL SCRAMBLED EGGS WARM BRAN MUFFIN FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL BANANA BREAD HARD COOKED EGG SEASONAL FRUIT CUP FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	CHOICE OF CEREAL FRIED EGG ROASTED HAM SLICE WHOLE WHEAT TOAST BUTTER FRUIT JUICE CHOICE OF COFFEE, SKIM MILK	
N O O N	HEARTY BEEF STEW HERB BISCUIT BUTTER FRESH LETTUCE SALAD SALAD DSG OF CHOICE WARM APPLE COMPOTE CHOICE OF COFFEE, SKIM MILK	HAM STEAK AU GRATIN POTATOES GREEN SWEET PEAS WHOLE WHEAT BREAD/BUTTER PUMPKIN BAR/FROSTING CHOICE OF COFFEE, SKIM MILK	MEATLOAF MASHED POTATOES BEEF GRAVY ROASTED VEGETABLES WHOLE WHEAT BREAD/BUTTER FRESH FRUIT CREAMY FRUIT DIP CHOICE OF COFFEE, SKIM MILK	GRILLED PORK CUTLET RANCH POTATO CASSEROLE SEASONED BABY CARROTS GLAZED CRNBRY ORANGE LOAF BUTTER CHOICE OF COFFEE, SKIM MILK	BAKED FISH FILET TANGY DILL TARTAR SAUCE CRISPY OVEN FRIES KETCHUP COLESLAW LEMON BAR CHOICE OF COFFEE, SKIM MILK	TOSS SALAD/DRESSING ITALIAN MEATBALLS FETTUCINE ALFREDO FRESH BAKED BREADSTICK ICE CREAM CHOICE OF COFFEE, SKIM MILK GARLIC CROUTONS	SEASONED CHICKEN MASHED POTATOES GREEN BEAN CASSEROLE APPLE PIE WHOLE WHEAT BREAD/BUTTER CARMEL DRIZZLE CHOICE OF COFFEE, SKIM MILK CHICKEN GRAVY WHIPPED TOPPING	
E V E	DELI CLUB SANDWICH MARINATED VEG & PASTA SALAD FRESH ORANGE SLICES (4) COOKIE CHOICE OF COFFEE, SKIM MILK	HOMEMADE CHICKEN NOODLE SOUP HARVEST TURKEY MELT SANDWICH CRACKERS CHOCOLATE MOUSSE W/ FRUIT GARNISH CHOICE OF COFFEE, SKIM MILK	BBQ CHICKEN BAKED POTATO SALAD CREAM STYLE CORN ICED GRANOLA FRUIT BAR CHOICE OF COFFEE, SKIM MILK	COUNTRY HAM & BEAN SOUP CRACKERS SHAVED RST BEEF SAND SLICED PEACHES AND CREAM CHOICE OF COFFEE, SKIM MILK	CHICKEN CORDON BLEU CASSEROLE STEAMED VEGETABLES RASPBERRY GELATIN SQUARE CHOICE OF COFFEE, SKIM MILK	BLT SANDWICH TOMATO BASIL SOUP CRACKERS FRESH BAKED COOKIE CHOICE OF COFFEE, SKIM MILK	CHEESEBURGER ON BUN POT WEDGES FROZEN YOGURT CHOICE OF COFFEE, SKIM MILK PICKLE COINS	